

SENIOR RESOURCE SERVICES

Senior Scroll



Helping Hands for Seniors

Phone:
970-352-9348

Office Hours:
Monday-Friday
9 a.m. to 4 p.m.

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From the Desk of DeeAnn Groves

SAYING GOODBYE TO A SPECIAL FRIEND

A long-time friend of mine has been given a terrible diagnosis with a limited lifespan. Her life has been a very productive and exciting one and will be missed by numerous individuals.



What do you say to her? How do you help her face her destiny with dignity?

These are just a few questions I have and hope to find some helpful answers.

A large part of my purpose in life has been and will always be "Help the Caregivers". They are struggling emotionally and physically from the terrible diagnosis of their loved one. I do know how to assist them. Listen to them—Provide "Time Out" from their over-powering role in their new life. Just a couple of hours or days away from their responsibilities will assist them in maintaining the care of their loved one. It is very common to see the "Caregiver" end up in the hospital during their caregiving role. They give their all with no concern or care for themselves.

What can you do to help these caregivers? Senior Resource Services has developed this program OARS (Older Adult Respite Service). We provide a short training for a small fee to cover our costs and offer a waiver of this fee if the individual signs up as a caregiver volunteer. We do not provide any hands on assistance to our clients, we just share activities and friendship with the afflicted individual.

The requirement to join this program is a big heart and a little time to provide "Time Out" for the caregiver. Give them hope and courage to continue their role.

For more information on this wonderful program, call Senior Resource Services 970-352-9348 and ask for DeeAnn. The next training will be in May 2016.

You Ask "What will it do for me?" Answer: Words cannot express your rewards!

**DeeAnn Groves, MA Gerontologist
Executive Director**

Senior Resource Services Staff

DeeAnn Groves—Executive Director
Becky Sperber—Executive Assistant
Connie Osaki Hanson—Admin. Assistant

Janet Bedingfield—Assistant Director
Teresa Schunter—Volunteer Coordinator
Karen Murphy—South Weld Coordinator

Notes of Interest

FOOD TAX REBATE

If you are a Greeley resident and your income level qualifies, you can apply for a **City of Greeley Food Tax Rebate** of \$65. Information and applications can be obtained online at www.greeleygov.com or from City Hall at 1000 10th Street. Forms must be submitted no later than May 31st, 2016.

CONTACT INFORMATION

We would appreciate having any updated contact information, including your email address. Please send your email address to Becky at Staff@SeniorResource.ComcastBiz.net. If we are able to send you news electronically it will save us both time and money, leaving more resources for serving our clients! Thank you!

Senior Resource Services Fundraisers!

Weld County Gives

We participated in Colorado Gives Day for the first time in December of 2015, and it was a very positive event for Senior Resource Services! We joined 27 other Weld County non-profits to form the "Weld County Gives Collaborative." The Greeley Tribune stepped forward with an incredible package, allowing the collaborative to receive over \$14,000 worth of printing and publicity for only \$150 per non-profit agency! It was a successful fundraiser for us, bringing in over \$4000, and the visibility we gained was equally as valuable. Thanks to those of you who chose to contribute during that campaign!

Heart to Heart

Our new signature fundraiser, Heart to Heart – the need to know we're loved is ageless, was a resounding success! A huge thank you to those of you who contributed in any way, from financial donations to a prayer for success. While the net income from the event is a small percentage of our annual budget, the \$13,000+ we raised was our most successful fundraiser to date, and there's room to grow over the coming years! Did you see our ad to thank our sponsors and publish the non-event memorials in the Greeley Tribune on Valentine's Day?

Cycle for Seniors

SAVE THE DATE! Our Cycle for Seniors fundraising event will take place at The Poudre Learning Center on July 23rd, 2016. Please let us know if you'll be available to volunteer that day to help ensure that SRS is able to continue meeting the needs of our Weld Seniors. Thank you!

Welcome to the SRS Team, Karen!

I was born in Memphis, Tennessee, my father's home town. We moved to New Orleans when I was 4 and I lived in New Orleans through graduation from college with a music degree. I am a singer and love to sing whenever I get the chance. Two years after college, I moved to Boulder, Colorado to go to graduate school in Psychology. That was 34 years ago and I have lived in Colorado ever since, completing a Master's Degree in Psychology at Naropa University in Boulder and remaining here because I love the weather, the outdoors, and the healthy lifestyle. Except for 8 years in Larimer County, I have always lived in Boulder County, and am still working part time in child welfare social casework with this being my 26th year in the field. I also spent 7 years of my social work career in the area of adult protection for the disabled and elderly, when I discovered that I love helping seniors.

On September 15, 2015, I began my part time position with Senior Resource Services as the Southern Weld County Volunteer Coordinator and Ride Arranger. This includes the towns of Frederick and Firestone, and the city of Dacono. It is a privilege for me to have this job because I enjoy seniors so much! I work from my home office in Longmont where my office mates have fur and four legs; I have two cats and a dog that are all 3 about the same size and often play together. In my free time I enjoy walking my dog, going to concerts and other cultural events, seeing friends for a meal or coffee, practicing meditation, and reading voraciously.



Snow, Icy Roads, Fog

Just a reminder to both clients and volunteers regarding our guidelines during inclement weather:

- Either the client or volunteer can cancel if there is a concern with the bad weather
- Please call the office with the cancellation

SRS would rather have the volunteers and clients stay safe and not take a chance when transporting frail clients, especially those using walkers and canes.

If you are a client on dialysis, receiving cancer treatment, or have any other medical need which cannot be postponed, Senior Resource Services understands the importance of your appointments. Please call us at 970-352-9348 if your volunteer needs to cancel and we will make special arrangements for you to get to your appointments. If you have to leave a voice mail and there is no response from Senior Resource Services within 30 minutes because, for example, we were unable to get to the office or our power/phone are out, please call 911 for ride assistance.

Do you shop at Amazon.com?

Please go to AmazonSmile.com and sign up for SRS to receive a 5% donation each time you shop!

Volunteer Notes...From the desk of Teresa Schunter

I am in real need of volunteers because many of the regulars are on vacation or have gone south until EASTER. Please put the word out that volunteers are the lifeblood of SRS. You are it! Please have your friends call 970-352-9348 to do the paperwork over the phone to become a volunteer.

Volunteers, remember that if a client falls and is unable to get up with just an arm assist, Call 911. Also, if you are not comfortable with the weather situation, call 970-352-9348 and we will try to reschedule the ride...you are a volunteer.

VOLUNTEERS:

1. PLEASE CALL SENIORS AT LEAST 24 HOURS BEFORE YOUR SCHEDULED PICK UP. Confirm time, date, and destination. We have been experiencing some unfortunate events with seniors arriving late to appointments, or more troubling, seniors arriving to a doctor's appointment that doesn't exist or has been rescheduled.
2. You are not asked to take the senior any place but the original request. If you have time and wish to, you may add on destinations. From my direction, if this is inconvenient for you, please tell the senior they will need to call the office and schedule. Kindly say, "That won't work for me today. Check with the office."
3. Go to the house at the scheduled time even if you have not been able to reach the senior before the appointment. Call the office if there is no answer (970-352-9348) Perhaps the phone is down or they have rescheduled and the office is unaware. It may be, unfortunately, a health emergency. In that case, we will immediately call the emergency contact number from our office.
4. If you need to reach me (970-396-7971) and cannot wait until my next office hour occurs, PLEASE CALL THE MAIN OFFICE at 970-352-9348.
5. Please be sure that your vehicle is mechanically sound and is equipped with seat belts, wear yours, and require that your SRS passengers wear theirs. Please conduct a pre-trip inspection of turn signals, head lights, tail & brake lights, and tires.

**How we
keep this
great
service
operating!**

**Donations,
fundraisers,
and grants.**

**Any
donation of
\$1.00 or
more is
gratefully
accepted.**

**Thank you,
DeeAnn**

Van Drivers:

Tuesdays—David
Wednesdays—Ken
Thursdays—Mary / Fred
Fridays—Donna
Substitute Driver—John

SAVE THE DATE!

Volunteers, please mark your calendars for the annual "Volunteer Appreciation and Update" gathering on Monday, April 18th, 3-4PM. You will receive details in the mail soon. We look forward to seeing you!



Driver Ken, showing off SRS's new black van!

Teresa's Office Hours:

Monday through Thursday 9:00 a.m. to Noon
Friday 1:00 p.m. to 4:00 p.m.
Phone: 970-396-7971

CLIENTS:

- Our van transports clients to banks, hair & nail appointments, grocery stores, and other non-medical appointments.
- Unless medical necessity prevents it, please give the office staff at least five business days to schedule your ride!
- If medically necessary, please call us and we'll make every effort to find you a ride, even if within the five days.
- Our van now runs Tuesday through Friday, with grocery store trips on Tuesday, Wednesday, & Friday afternoons. Weld Food Bank rides will be on Tuesday afternoons.

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800 8th Avenue, Suite 145
Greeley, CO 80631

Phone: 970-352-9348

Fax: 970-352-5437

We're on the web:
www.seniorresourceservices.info



Helping Hands for Seniors—VOLUNTEER SPOTLIGHT

If you are a volunteer and you mail, hand deliver or complete your volunteer activity log on line at www.seniorresourceservices.info under the volunteer tab by the 7th of each month, then we enter your name into a drawing. The monthly winners are listed below:

- **Janet Miller** received a professional triple pack round cake pan set for submitting her November hours. Janet is a new volunteer with SRS and lives in Kersey. She has driven clients from Kersey into Greeley, and is also transporting Greeley seniors to their appointments. Thank you Janet!!!
- When we think of amazing volunteers, **Judith Clarke** comes to mind. Judith has been volunteering for SRS since 2008, and has recently been involved in taking our dialysis clients on a weekly basis. She has truly made a difference in lives of seniors in our community. We are very fortunate to have Judy volunteering for SRS! For submitting her December volunteer hours, Judy received a Mrs. Fields Cookie House, and said they were delicious.
- **H. Vernon Rutz** lives in Windsor and is a new volunteer with SRS. He has had previous volunteer experience with United Way and Habitat Restore. Vernon received a TCBY gift card for sending in his January volunteer hours.
- As always, Senior Resource Services would like to thank all of our volunteers. With your help Senior Resource Services is now serving 742 seniors!

Reminder: If you refer a friend to SRS to become a volunteer, you will receive a gift card for your efforts. As the number of clients continues to increase, we are continually in need of additional volunteers.

Senior Resource Services receives free items from Quill, which is where we purchase our office supplies. We want to pass these items on to our volunteers who make all of this possible by giving of their time to help our elderly. We also want to thank the many generous businesses in the community who have donated gift cards to recognize these compassionate volunteers.

We would like to thank the owner of TCBY, Jenny Brynteson, for donating gift cards to recognize our wonderful volunteers each month for an entire year!